



# March 2026

## The Flats

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> 🍰
<b>9:45</b> Stonebriar Church Service (TR) <b>11:30</b> Sunday Brunch	<b>10:00</b> Exercise with Maynette (CH) <b>10:30</b> Pinochle Card Game (B) <b>3:00</b> Denver Union Station: Portal to Progress Documentary (TR) <b>ERIN OFF</b>	<b>10:30</b> Workout with Tyler (CH) <b>11:30</b> Resident Lunch Buffet (VG) <b>12:00</b> Malaysia Snack Tasting/ Documentary (CH) <b>1:00</b> Travels with Rick Steeves: Amalfi Coast (TR) <b>1:30</b> Mahjongg Group (CH) <b>6:30</b> Movie Night: Elvis (TR)	<b>10:00</b> Exercise with Maynette (CH) <b>11:30</b> Resident Spotlight: Show and Tell (CH) <b>1:30</b> Curious Dragonfly Presentation: Titanic Continued (TR) <b>2:00</b> Bible Study with Andrew (LER) <b>4:00</b> Live Entertainment: Marco and Marie (CH)	<b>10:00</b> Chair Yoga/ Seated Exercise with Kim (CH) <b>11:15</b> Film Discussion - Zoom <b>12:00</b> Empowering Women's Stories (CH) <b>3:00</b> Learning Rumikube Game (CH) <b>7:00</b> Lakewood Symphony Orchestra: 1812	<b>10:00</b> Exercise with Maynette (CH) <b>11:00</b> Flower Girl Group (CH) <b>12:00</b> Baked Potato Bar (CH) <b>1:30</b> Travels with Toni: Ireland (TR) <b>4:00</b> Happy Hour (CH)	<b>10:00</b> Coffee and Donuts (VG) <b>1:30</b> Series: A Man on the Inside (TR)
<b>8</b>	<b>9</b> 🍰	<b>10</b>	<b>11</b> 🍰	<b>12</b> 🍰	<b>13</b>	<b>14</b>
<b>9:45</b> Stonebriar Church Service (TR) <b>11:30</b> Sunday Brunch <b>3:00</b> St. Patrick's Day Painting with Jadea (2 <sup>nd</sup> Flr)	<b>10:00</b> Exercise with Maynette (CH) <b>10:30</b> Pinochle Card Game (B) <b>12:00</b> Shamrock Shakes (CH) <b>1:00</b> How to Read a Movie with Arlene Pickett (TR)	<b>10:30</b> Workout with Tyler (CH) <b>11:30</b> Resident Lunch Buffet (VG) <b>1:00</b> Travels with Rick Steeves: Mediterranean (TR) <b>1:30</b> Mahjongg Group (B) <b>2:00</b> Erin Brock Nutritionist: Alzheimer's and Dementia (CH) <b>4:00</b> Topsy Tuesday with Taylor: Royal Cranberry Cocktail (CH) <b>6:30</b> Movie Night: Lou (TR) <b>ERIN OFF</b>	<b>10:00</b> Exercise with Maynette (CH) <b>11:30</b> <i>Out to Lunch: Blue Agave Grill</i> <b>2:00</b> Bible Study with Andrew (LER) <b>2:00</b> VAB Book Group (7911-201) <b>4:00</b> Irish Whiskeys (B)	<b>9:00</b> Columbia Coffee and Pastries (CH) <b>10:00</b> Chair Yoga/ Seated Exercise with Kim (CH) <b>11:15</b> Film Discussion - Zoom <b>2:00</b> Shared Journeys Discussion Group (DR) <b>3:00</b> Learning Rumikube Game (CH)	<b>10:00</b> Exercise with Maynette (CH) <b>11:00</b> Flower Girl Group (CH) <b>12:30</b> <i>King Soopers Shopping Trip</i> <b>1:00</b> Active Minds Presentation: John Denver (TR) <b>4:00</b> Happy Hour (CH)	<b>10:00</b> Aces of Bridge Club (VG) <b>1:30</b> Series: A Man on the Inside (TR)

TR = Theater Room (2ND FLR), CH = Clubhouse, B = Bistro, VG = Village Grill (DINING ROOM), LER = Life Enrichment Room, DR = Discovery Room (NEXT TO BISTRO)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>9:45</b> Stonebriar Church Service (TR) <b>11:30</b> Sunday Brunch	<b>10:00</b> Exercise with Maynette (CH) <b>10:30</b> Pinochle Card Game (B) <b>11:30</b> <i>Men's Lunch: Esters</i> <b>1:00</b> How to Read a Movie with Arlene Pickett (TR) <b>3:00</b> Downtown Denver: Heart of the Queen Documentary (TR) <b>4:30</b> BINGO and Dinner (VG)	<b>10:00</b> Workout with Tyler (2 <sup>nd</sup> Flr) <b>1:00</b> Travels with Rick Steeves: Edinburgh (TR) <b>1:30</b> Mahjongg Group (CH) <b>4:00</b> Irish Dancers Performance (CH) <b>4:30</b> St. Patrick's Culinary Dinner (CH) <b>6:30</b> Movie Night: The Starling (TR)	<b>10:00</b> Exercise with Maynette (CH) <b>11:00-2:30</b> Home Massages with Laura (APT) <b>11:30</b> <i>Women's Lunch: The Cheesecake Factory</i> <b>2:00</b> Bible Study with Andrew (LER) <b>3:30</b> Wine Down Wednesday: Celtic Chaos (VG)	<b>10:00</b> Chair Yoga/ Seated Exercise with Kim (CH) <b>11:15</b> Film Discussion - Zoom <b>1:00</b> Hearing Aid Clinic (CH) <b>12:00</b> Finland Snack Tasting/ Documentary (CH) <b>2:00</b> West Metro Fire Presentation (CH) <b>2:30-4:30</b> Spring Social Cocktail Hour (LBY)	<b>10:00</b> Exercise with Maynette (CH) <b>11:00</b> Flower Girl Group (CH) <b>12:00</b> Hot Dog Bar (CH) <b>1:00</b> Active Minds Presentation: Venezuela (TR) <b>3:00</b> Rose Stein Elementary School Performance (CH) <b>4:00</b> Happy Hour (CH)	<b>10:00</b> Coffee and Donuts (VG) <b>1:30</b> Series: A Man on the Inside (TR)
<b>22</b>	<b>23</b> 🎂	<b>24</b>	<b>25</b>	<b>26</b> 🎂	<b>27</b>	<b>28</b>
<b>9:45</b> Stonebriar Church Service (TR) <b>11:30</b> Sunday Brunch <b>3:00</b> Paper Shamrocks with Jadea (2 <sup>nd</sup> Flr)	<b>10:00</b> Exercise with Maynette (CH) <b>10:30</b> Pinochle Card Game (B) <b>1:00</b> How to Read a Movie with Arlene Pickett (TR) <b>2:00</b> Cubigo Life Histroy Discussions (CH) <b>4:00</b> Spirit Tasting with Diego (CH)	<b>10:30</b> Workout with Tyler (CH) <b>11:30</b> Resident Lunch Buffet (VG) <b>1:00</b> Travels with Rick Steeves: Andalusia Spain (TR) <b>1:30</b> Mahjongg Group (CH) <b>6:30</b> Movie Night: Fatherhood (TR)	<b>10:00</b> Exercise with Maynette (CH) <b>2:00</b> Bible Study with Andrew (LER) <b>3:00</b> <i>Veldkamp's Flowers and Gifts</i>	<b>10:00</b> Chair Yoga/ Seated Exercise with Kim (CH) <b>11:15</b> Film Discussion – Zoom <b>11:30</b> <i>Out to Lunch: GQ BBQ</i> <b>1:30</b> Travels with Chris Wells Presentation: Spain; Walking El Camino de Santiago <b>3:00</b> Learning Rumikube Game (CH)	<b>10:00</b> Exercise with Maynette (CH) <b>11:00</b> Flower Girl Group (CH) <b>12:30</b> <i>King Soopers Shopping Trip</i> <b>4:00</b> Happy Hour (CH)	<b>10:00</b> Aces of Bridge Club (VG) <b>1:30</b> Series: A Man on the Inside (TR)
<b>29</b>	<b>30</b>	<b>31</b>	<b>Happy Birthday</b> 🎂			
<b>9:45</b> Stonebriar Church Service (TR) <b>11:30</b> Sunday Brunch	<b>10:00</b> Exercise with Maynette (CH) <b>10:30</b> Pinochle Card Game (B) <b>12:00</b> Community Chat (CH) <b>2:00</b> Cubigo Life History Discussions (CH) <b>3:00</b> Decorating Tote Bags (CH)	<b>10:30</b> Workout with Tyler (CH) <b>11:30</b> Resident Lunch Buffet (VG) <b>1:00</b> Travels with Rick Steeves: Lisbon (TR) <b>1:30</b> Mahjongg Group (CH) <b>4:00</b> March Birthday Celebration (CH) <b>6:30</b> Movie Night: Shark Whisperer (TR)	<b>Mar 07</b> Kathy Glover <b>Mar 11</b> Ann Marie Welsh <b>Mar 12</b> Jim McGruddy & Patty Bollow <b>Mar 23</b> JoAnne Soley <b>Mar 26</b> Kent Vick			

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