



March 2026

Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am -Red Rocks Church Livestream</p> <p>11:00am-The Perk Newsletter</p> <p>2:00pm-Craft Corner: Toilet Paper Roll Pigs</p> <p>3:00pm-Trivia: MARCH</p> <p>4:00pm- Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Music Therapy w Kimel</p> <p>11:00am-The perk newsletter</p> <p>2:00pm-BINGO</p> <p>3:00pm-Ladies Spa Manicures & Hand Massages</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Exercise Class w Maynette</p> <p>11:00am-Ladies Glam Time</p> <p>2:00pm-Craft Corner: St Patrick's Ceramic Painting</p> <p>3:00pm-Sensory Board Hour</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Balloon Noodle Toss Exercise</p> <p>11:00am-Lepercaun Hat Decorating</p> <p>2:00pm- Nature Narratives Garden Class w Michele</p> <p>3:00pm-Flower Arranging</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Chair Yoga Stretches</p> <p>11:00am-Trivia: name That Tune</p> <p>2:30pm-Performance w Scott Hackler</p> <p>3:00pm- MONARCH B-DAY CELEBRATION HAPPY HOUR!!!</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Balloon Toss Exercise</p> <p>11:00am-Lunch Outing: Olive Garden</p> <p>2:00pm-Manicures & Hand Massages w T & Kaylee</p> <p>3:00pm- Girl Scout Cookies & wine Pairing</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Stretch & Flex w T</p> <p>11:00am-Sing A-long w Suzie on IN2L</p> <p>2:00pm-BINGO</p> <p>3:00pm-Comedy Hour</p> <p>4:00pm-Resident 1 on 1</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Worship service w Lesley/non-Denominational</p> <p>11:00am-The Perk Newsletter</p> <p>2:00pm-BINGO</p> <p>3:00pm- Woman's Tea Party</p> <p>4:00pm- Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Music Therapy w Kimel</p> <p>11:00am-The Perk newsletter</p> <p>2:00pm-Manicures & Hand massages w Kaylee</p> <p>3:00pm-Shamrock Suncatchers</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Exercise Class w Maynette</p> <p>11:00am-Ladies Glam Time</p> <p>2:00pm- Craft Corner: Shamrock Painting</p> <p>3:00pm-Serbert Floats Social</p> <p>4:00pm-Resident 1 On 1 Vision Board</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Scenic Drive Outing: Red Rocks Amphitheatre</p> <p>11:00am- Balloon Noodle Toss Exercise</p> <p>1:30pm- Crafting w Irma</p> <p>2:00pm- Craft Corner: St. Patrick's Day Table Center Pieces</p> <p>3:00pm-Puzzles & Games</p> <p>4:30pm-Monarch Family Dinner-IL CBH</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-DIY St. Patrick's Wreaths</p> <p>11:00am-The Perk newsletter</p> <p>2:30pm-Performance w Erin Shay</p> <p>3:00pm- St. Patrick's Day Mc Happy Hour!!!</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Meet & Greet w Baby Goats -Mc</p> <p>11:00am- The Perk newsletter</p> <p>2:00pm-Craft Corner: Bird House Painting</p> <p>3:00pm-Shamrock Milkshake Social</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Stretch & Flex w T</p> <p>11:00am-Puzzles & Games</p> <p>2:00pm-Shamrock Stencil Painting</p> <p>3:00pm-Manicures & Hand massages w T</p> <p>4:00pm- Resident 1 on 1</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Worship service w Lesley/non-Denominational</p> <p>11:00am-Coffee & Donuts</p> <p>2:00pm-Baking: Sugar Cookie Lucky Charms Cookies</p> <p>3:00pm-Travel Sunday: IRELAND</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Music Therapy w Kimel</p> <p>11:00am-Golden Book Story Time</p> <p>2:00pm-Lucky Charms Goody Bags</p> <p>3:00pm-Craft corner: Pot of Gold Hand print</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Exercise Class w Maynette</p> <p>11:00am-Men's Hand Massages</p> <p>2:00pm-Trivia: St. Patrick's Day</p> <p>3:00pm- Irish Tap Dancers -3rd Floor Dinning Rm</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Music Therapy w Hope</p> <p>11:00am-Lunch Outing: The French Press</p> <p>2:00pm- Nature Narratives Garden Class w Michele</p> <p>3:00pm-Sing A-long w Suzie on IN2L</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Scenic Drive Outing: Look Out Mountain</p> <p>11:00am-Water Color Painting</p> <p>2:00pm-FAMILY COUNCIL-Discovery Room</p> <p>2:30pm-Performance w Yvone Guzman</p> <p>3:00pm- MONARCH HAPPY HOUR!!!</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Sing Along w Marquis</p> <p>10am-3pm-A Patch of Poppies Spring fling sale -Main Lobby</p> <p>11:00am-Singing & Dancing</p> <p>2:00pm-Craft Corner: Button Trees</p> <p>3:00pm-BINGO</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Stretch & Flex w T</p> <p>11:00am-Trivia: SPRING</p> <p>2:00pm- Facials & Aromatherapy</p> <p>3:00pm-Dance Party!!</p> <p>4:00pm-Resident 1 on 1</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Worship service w Lesley/non-Denominational</p> <p>11:00am-The Perk newsletter</p> <p>2:00pm- Singing w Hannah</p> <p>3:00pm-Spring hedgehog paper flower craft</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Ladies Spa Manicures & Hand Massages</p> <p>11:00am-The Perk Newsletter</p> <p>2:00pm-Social Hour w Beagle/Bulldog Chief</p> <p>3:00pm>Show: I Love Lucy</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Exercise Class w Maynette</p> <p>11:00am-The Perk newsletter</p> <p>2:00pm-Welcoming Happy Hour- Discovery Room</p> <p>3:00pm-Puzzles & Games</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Balloon Noodle Toss Exercise</p> <p>11:00am- The Perk newsletter</p> <p>2:00pm-Monarch Karaoke Social</p> <p>3:00pm>Show: The Golden Girls</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Spa Hour: Facials & Pedicures</p> <p>11:00am-The Perk newsletter</p> <p>2:30pm-Performance w Jeffrey Dallet</p> <p>3:00pm-MONARCH HAPPY HOUR!!!</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Matching Letter Game</p> <p>11:00am-Golden Book Story time</p> <p>2:00pm- Outing: Denver Aquarium</p> <p>3:00pm-Sensory Board Hour</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Stretch & Flex w T</p> <p>11:00am-The Perk newsletter</p> <p>2:00pm- Craft Corner: Squirt Gun Painting</p> <p>3:00pm-BINGO</p> <p>4:00pm-Resident 1 on 1</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	Happy Birthday 🎂			
<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Worship service w Lesley/non-Denominational</p> <p>11:00am-Puzzles & Games</p> <p>2:00pm-BINGO</p> <p>3:00pm-Flower Stencil Painting</p> <p>4:00pm-Coloring Corner</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am-Music Therapy w Kimel</p> <p>11:00am-Men's Hand Massages</p> <p>2:00pm-Craft Corner: Handprint Bee Craft</p> <p>3:00pm-Ice Cream Sundae Social</p> <p>4:00pm-Resident 1 on 1</p>	<p>9:30am- Daily Chronicle Discussion</p> <p>10:00am- Exercise Class w Maynette</p> <p>11:00am-The perk newsletter</p> <p>2:00pm-BINGO</p> <p>3:00pm-Craft Corner: Spring Ladybugs</p> <p>4:00pm-Coloring Corner</p>	<p>Mar 4th- Claudine O'Donnell</p>	<p>Mar 18th – Jerry Donaldson</p>		